

## SEX AND RELATIONSHIP EDUCATION



June 2019

Dear Parent,

I am writing to let you know how we plan to teach Sex & Relationship Education at Oakfield.

During Year 5 the pupils are prepared for the physical and emotional changes of puberty by watching and discussing a selection of videos produced by the BBC and Channel 4 on the topics of:

- Changes and puberty
- How babies are made
- Pregnancy and birth

In Year 6 there is a focus on hygiene and reproduction in mammals. We also teach boys and girls in separate groups about puberty changes related to them.

In Year 7 the Science curriculum covers the human reproduction systems and in Year 8 the PSHE programme concentrates on relationships, responsibilities, awareness of sexuality, emotions, pregnancy, contraception and sexually transmitted infections.

We always try to make the teaching of Sex & Relationship Education relevant to the age and development of the child. Of course some children mature more quickly than others and some have the benefit of open discussion at home, which gives them a good understanding of the subject. These pupils often aid the understanding of others. However, it is clear to us that many children gain their early knowledge from the media and the playground and they often glean half-truths and misconceptions, which we try to correct.

The objective of Sex & Relationship Education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

A full copy of the policy on Sex & Relationship Education is available on our website.

Yours sincerely

C Cross  
Assistant Head of Key Stage 2

